

# Physiotherapy Service

Make the next step

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## Feel the benefits of physio

Our well-equipped 'rehab hub' in Mawdesley provides a high-quality physiotherapy service. It's an evidence-based, holistic approach to neurological rehabilitation, enabling and empowering an increase in activity, participation and self-management.

Sessions aim to maintain independence and increase stamina, flexibility, muscle strength and overall health. A dedicated physiotherapist works in partnership with our Conductive Education services to provide a range of treatments.

### We support those with a variety of conditions including:

- Cerebral palsy
- Acquired Brain Injury
- Pre and Post-operative patients
- Mobility issues
- Hypoxic Ischemic Encephalopathy (HIE)



## Three steps to moving forward



### Step 1

Contact us to discuss how we can help.



### Step 2

We'll arrange an assessment by our team and with your consent, speak to other professionals.



### Step 3

If physiotherapy is right, you'll be offered regular sessions with small achievable goals to help your child reach their full potential and review their progress. Sessions can be delivered on an individual basis or as a small group, where children and young people can encourage each other and meet friends with a similar ability.

During sessions children will participate in these fun, playful and engaging sessions that have been designed to help stretch, maintain movement, manage pain and grow in strength.